



NOVEMBER 2021

G-E-T MIDDLE & HIGH SCHOOL

Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ALL MEALS ARE SERVED WITH GARDEN BAR AND FRUIT CHOICES ICE-COLD MILK! WHOLE GRAIN BREAD ITEMS ARE SERVED</p>	<p><u>MIDDLE SCHOOL</u> AN ALTERNATIVE MAIN ENTRÉE COURSE WILL BE OFFERED DAILY. THIS ENTRÉE CONSISTS OF A 4oz YOGURT, STRING CHEESE AND A GRAIN SNACK</p>	<p>ALL SCHOOL MEALS ARE FREE FOR ALL ENROLLED G-E-T STUDENTS LEARNING FACE-TO-FACE! MEALS ONLY - NOT A LA CARTE</p>		
<p>1</p> <p style="text-align: center;">NO SCHOOL</p>	<p>2</p> <p>PAST w/MEATBALLS MARINARA STEAMED GREEN BEANS FRUIT CHOICES GARDEN BAR</p>	<p>3</p> <p>WALKING TACOS BLACK BEANS FRUIT CHOICES GARDEN BAR</p>	<p>4</p> <p>CHICKEN TENDERS OVEN FRIES FRUIT CHOICES GARDEN BAR CHEEZ-IT CRACKERS</p>	<p>5</p> <p>GARLIC CHEESE BREAD BABY CARROTS w/DIP FRUIT CHOICES GARDEN BAR</p>
<p>8</p> <p>CHEESEBURGER ON A BUN OVEN FRIES FRUIT CHOICES GARDEN BAR</p>	<p>9</p> <p>CHEESE FILLED BREADSTICKS w/MARINARA STEAMED CARROTS FRUIT CHOICES GARDEN BAR WHOLE GRAIN SNACK</p>	<p>10</p> <p>POP CORN CHICKEN BOWL w/MASHED POTATOES STEAMED CORN FRUIT CHOICES GARDEN BAR DINNER ROLL</p>	<p>11</p> <p>HOT HAM AND CHEESE ON A BUN TATER TOTS FRUIT CHOICES GARDEN BAR</p>	<p>12</p> <p>CHICKEN QUESADILLAS CILANTRO LIME RICE BABY CARROTS w/DIP FRUIT CHOICES GARDEN BAR</p>
<p>15</p> <p>CHICKEN NUGGETS OVEN FRIES FRUIT CHOICES GARDEN BAR</p>	<p>16</p> <p>STUFFED CRUST PIZZA CALIFORNIA BLEND VEGGIES FRUIT CHOICES GARDEN BAR</p>	<p>17</p> <p>CORN DOG ON A STICK BAKED BEANS MAC & CHEESE FRUIT CHOICES GARDEN BAR</p>	<p>18</p> <p>THANKSGIVING LUNCH! TURKEY IN GRAVY MASHED POTATOES STEAMED VEGGIES GARDEN BAR FRUIT CHOICES DINNER ROLL THANKSGIVING DAY TREAT</p>	<p>19</p> <p>BREADED FISH FILLET ON A BUN OVEN FRIES FRUIT CHOICES GARDEN BAR</p>
<p>22</p> <p>NACHOS SUPEME STEAMED CORN FRUIT CHOICES GARDEN BAR WHOLE GRAIN SNACK</p>	<p>23</p> <p>MEATBALL SUB OVEN FRIES FRUIT CHOICES GARDEN BAR</p>	<p>24</p> <p style="text-align: center;">NO SCHOOL</p>	<p>25</p> <p style="text-align: center;"> <i>Happy Thanksgiving</i></p>	<p>26</p> <p style="text-align: center;">NO SCHOOL</p>
<p>29</p> <p>CHEESE PIZZA STEAMED GREEN BEANS FRUIT CHOICES GARDEN BAR</p>	<p>30</p> <p>POP CORN CHICKEN AU GRATIN POTATOES FRUIT CHOICES GARDEN BAR SIDE KICKS SLUSHIE</p>			
<p>6</p>				