



JANUARY 2022
 G-E-T SCHOOLS
BREAKFAST MENU
 Trempealeau and Ettrick
 Elementary Schools



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|--|
| LOW FAT MILK CHOICES AVAILABLE WITH BREAKFAST EVERY DAY | WHOLE GRAIN TOAST IS AVAILABLE WITH BREAKFAST EVERY DAY | | | |
| 3 WAFFLES FRUIT AND JUICE MILK | 4 EGG AND CHEESE SANDWICH FRUIT AND JUICE MILK | 5 FRUDEL FRUIT AND JUICE MILK | 6 COMBO BAR FRUIT AND JUICE MILK | 7 FRENCH TOAST FRUIT AND JUICE MILK |
| 2 10 PANCAKE BITES FRUIT AND JUICE MILK | 11 CININI MINIS FRUIT AND JUICE MILK | 12 YOGURT w/GRAIN SNACK FRUIT AND JUICE MILK | 13 CEREAL BAR w/TOAST FRUIT AND JUICE MILK | 14 NO SCHOOL |
| 3 17 PIZZA BAGELS FRUIT AND JUICE MILK | 18 CINNAMON ROLL FRUIT AND JUICE MILK | 19 SCRAMBLED EGGS w/TOAST FRUIT AND JUICE MILK | 20 PANCAKES FRUIT AND JUICE MILK | 21 OATMEAL BAR w/TOAST FRUIT AND JUICE MILK |
| 4 24 BREAKFAST PIZZA FRUIT AND JUICE MILK | 25 PANCAKE ON A STICK FRUIT AND JUICE MILK | 26 MUFFINS w/TOAST FRUIT AND JUICE MILK | 27 CHEESE OMELETS w/TOAST FRUIT AND JUICE MILK | 28 MINI BAGELS FRUIT AND JUICE MILK |
| 1 31 WAFFLES FRUIT AND JUICE MILK | | | | |
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