

ALL MENUS SUBJECT TO CHANGE



AUGUST/SEPTEMBER 2021

G-E-T MIDDLE & HIGH SCHOOL

Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ALL MEALS ARE SERVED WITH GARDEN BAR AND FRUIT CHOICES ICE-COLD MILK! WHOLE GRAIN BREAD ITEMS ARE SERVED</p>	<p>MIDDLE SCHOOL ONLY AN ALTERNATIVE MAIN ENTRÉE COURSE WILL BE OFFERED DAILY. THIS ENTRÉE CONSISTS OF A 4oz YOGURT, STRING CHEESE AND A GRAIN SNACK</p>	<p>ALL SCHOOL MEALS ARE FREE FOR ALL ENROLLED G-E-T STUDENTS LEARNING FACE-TO-FACE! <u>MEALS ONLY - NOT A LA CARTE</u></p>	<p>AUGUST 26</p> <p>PIZZA BABY CARROTS W/DIP FRUIT CHOICES GARDEN BAR WHOLE GRAIN SNACK</p>	<p>27</p> <p>CHICKEN PATTY ON A BUN OVEN FRIES STEAMED VEGGIES FRUIT CHOICES GARDEN BAR</p>
<p>30</p> <p style="color: red; font-size: 2em; transform: rotate(-15deg); opacity: 0.5;">NO SCHOOL</p>	<p>31</p> <p>CHICKEN PATTY ON A BUN STEAMED CARROTS FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - POP CORN CHICKEN</p>	<p>SEPTEMBER 1</p> <p>PEPPERONI PIZZA STEAMED GREEN BEANS FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - CHEF</p>	<p>2</p> <p>SOFT SHELL TACOS STEAMED CORN FRUIT CHOICES GARDEN BAR SIDEKICKS SLUSHIE</p> <p>SALAD OPTION - GRILLED CHICKEN</p>	<p>3</p> <p>BBQ RIBLET ON A BUN OVEN FRIES FRUIT CHOICES COLESLAW GARDEN BAR</p> <p>SALAD OPTION - CHEESE AND HARD-BOILED EGG</p>
<p>1</p>				
<p>6</p> <p style="color: red; font-size: 2em; transform: rotate(-15deg); opacity: 0.5;">LABOR DAY NO SCHOOL</p>	<p>7</p> <p>PIZZA CRUNCHERS W/MARINARA STEAMED BROCCOLI W/ CHEESE SAUCE FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - HAM AND CHEESE</p>	<p>8</p> <p>WALKING TACOS W/CORN TORTILLA CHIPS BLACK BEANS FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - CRISPY CHICKEN</p>	<p>9</p> <p>CHICKEN TENDERS OVEN FRIES FRUIT CHOICES GARDEN BAR CHEEZ-IT CRACKERS</p> <p>SALAD OPTION - TACO</p>	<p>10</p> <p>GARLIC CHEESE BREAD W/MARINARA BABY CARROTS W/DIP FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - CHICKEN BACON RANCH</p>
<p>2</p>				
<p>13</p> <p>CHEESEBURGER ON A BUN OVEN FRIES FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - POP CORN CHICKEN</p>	<p>14</p> <p>CHEESE-FILLED BREADSTICKS W/MARINARA STEAMED CARROTS FRUIT CHOICES GARDEN BAR WHOLE GRAIN SNACK</p> <p>SALAD OPTION - CHEF</p>	<p>15</p> <p>POPCORN CHICKEN MASHED POTATOES W/GRAVY FRUIT CHOICES GARDEN BAR DINNER ROLL</p> <p>SALAD OPTION - FAJITA CHICKEN</p>	<p>16</p> <p>HOT HAM & CHEESE ON A BUN TATOR TOTS FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - TURKEY AND CHEESE</p>	<p>17</p> <p>CHICKEN QUESADILLA CLIANTRO LIME RICE BABY CARROTS. W/ DIP FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - CRISPY CHICKEN</p>
<p>3</p>				
<p>20</p> <p>CHICKEN NUGGETS OVEN FRIES FRUIT CHOICES GARDEN BAR DINNER ROLL</p> <p>SALAD OPTION - TACO</p>	<p>21</p> <p>STUFFED CRUST PIZZA CALIFORNIA BLEND VEGGIES FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - GRILLED CHICKEN</p>	<p>22</p> <p>CORN DOG ON A STICK BAKED BEANS MAC & CHEESE FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - PORK CARNITA</p>	<p>23</p> <p>CHICKEN ALFREDO ON PASTA STEAMED BROCCOLI FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - POP CORN CHICKEN</p>	<p>24</p> <p>BREADED FISH FILLET SANDWICH OVEN FRIES FRUIT CHOICES GARDEN BAR CHOCOLATE CHIP SMART COOKIE</p> <p>SALAD OPTION - CHEF</p>
<p>4</p>				
<p>27</p> <p>NACHOS SUPREME STEAMED CORN FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - CRISPY CHICKEN</p>	<p>28</p> <p>MEATBALL SUB OVEN FRIES FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - CHICKEN BACON RANCH</p>	<p>29</p> <p>MANDARIN ORANGE CHICKEN W/BROWN RICE STIR FRY VEGGIES FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - TURKEY & CHEESE</p>	<p>30</p> <p>CHICKEN PATTY ON A BUN MAC & CHEESE FRESH VEGGIES W/DIP FRUIT CHOICES GARDEN BAR</p> <p>SALAD OPTION - TACO</p>	<p>OCTOBER 1</p> <p>GRILLED CHEESE SANDWICH TOMATO SOUP FRUIT CHOICES GARDEN BAR CHEDDAR GOLDFISH CRACKERS</p> <p>SALAD OPTION - CHEF</p>
<p>5</p>				