



# OCTOBER 2021 G-E-T SCHOOLS BREAKFAST MENU HIGH SCHOOL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LOW FAT MILK CHOICES AVAILABLE WITH BREAKFAST EVERY DAY	WHOLE GRAIN TOAST IS AVAILABLE WITH BREAKFAST EVERY DAY			1 <b>NO SCHOOL</b>
4  FRUDEL FRUIT and JUICE MILK	5  BREAKFAST PIZZA FRUIT and JUICE MILK	6  COMBO BAR w/TOAST FRUIT and JUICE MILK	7  SCRAMBLED EGGS & SAUSAGE FRUIT and JUICE MILK	8  PANCAKE ON A STICK FRUIT and JUICE MILK
11  MINI BAGELS (Strawberry or Cinnamon) FRUIT and JUICE MILK	12  BREAKFAST SANDWICH FRUIT and JUICE MILK	13  BAGEL BREAKFAST PIZZA FRUIT and JUICE MILK	14  CINNAMON ROLL FRUIT and JUICE MILK	15  BREAKFAST BITES FRUIT and JUICE MILK
18  CNINNI MINIS FRUIT and JUICE MILK	19  WHOLE GRAIN MINI DOUGHNUTS FRUIT and JUICE MILK	20  POWER BITES FRUIT and JUICE MILK	21  FRENCH TOAST FRUIT and JUICE MILK	22  CHEESE OMELET w/TOAST FRUIT and JUICE MILK
25  MINI WAFFLES FRUIT and JUICE MILK	26  BREAKFAST SANDWICH FRUIT and JUICE MILK	27  COMBO BAR /TOAST FRUIT and JUICE MILK	28  CINNAMON ROLL FRUIT and JUICE MILK	29  <b>NO SCHOOL</b>